## NATURAL FUNERAL PLANNING PERSONAL INFORMATION SHEET

<b>Legal Name</b> (First, Middle, Last - Maiden name if Applicable)	serving a			
Residence Address (Address, City, State, Zip Code Plus 4)				
Personal Contact Info (phone, e-mail)				
Legal Next of Kin or Appointed Funeral Director (*Indica	te if named person is an Appointee) and contact			
info				
ADMINISTRATIVE INFORMATION – PRINT CLEARLY	- required at death; use other side if needed			
DOB - MON DD YYYY	Sex			
Social Security Number	Race			
Birthplace (City/Town or County)	Hispanic Origin Y/N?			
State or Foreign Country	Education Level			
Father's name (First, Middle, Last)	Usual Occupation			
Mother's maiden name (First, Middle, Last)	Kind of Industry			
Armed Forces Svc? Branch of Svc & DD214	Discharge Date			
Spouse's name AFTER DEATH INFORMATION				
Place of Death	Marital status at TOD			
Facility Name	County of Death			
Location of Death (Address)	Date of Death			
City/Town or Location of Death	State & Zip Code + 4			
Place of Disposition (facility name)	Method of Disposition			
Location of Place of Disposition (address)	Date of Disposition (below)			
	MON DD YYYY			
MAN EINIAL ADDANICEMENT WISHES (shock all that or	only ottock additional wiskes as mooded)			
MY FINAL ARRANGEMENT WISHES (check all that a	. •			
1 I have already made my arrangements at this time and	·			
I'm still working on them: (examples – bought a plo	ot; have arrangements with a funeral home, etc)			
2When my death occurs,INSTEAD of a funeral dir	ector <b>OR</b> in ADDITION to a funeral director			
(you may check both if both are OK with you) I would like for n	ny Body to be cared for by (names)			

\_ make the final decision and that others abide by this choice.

## ARRANGEMENTS CONTINUED 4. If for some reason a family-directed home funeral is impractical, I would like the funeral arrangements to be: \_\_\_\_\_ Arranged by my funeral director (include copies of any contracts, contact info & arrangements in writing) \_\_\_\_ Arranged by Other \_\_\_\_\_ NOTE: if "Other", it's recommended that you obtain your State's version of a "personal funeral director appointment" and have it signed and notarized properly and stored with these papers. MY BODY AND THE IMMEDIATE FUNERAL (a memorial happens AFTER the funeral; the funeral has the body present. The Be a Tree and Natural Burial Company webpages have links to natural funeral service providers) In the event of my death, I prefer a: \_\_\_\_\_ Home Funeral? where? \_\_\_\_\_ If you want a home funeral, which family members have you discussed this with? \_\_\_\_ Funeral Director managed services with/at \_\_\_\_\_ (Paid yet?) \_\_\_\_\_ \_\_\_\_\_ Other \_\_\_\_\_ At the time of my death, let family & friends gather for a VISITATION period ("viewing") \_\_\_\_\_ according to my family's \_\_\_\_ or \_\_\_\_\_\_'s wishes - can decide at the time what to do \_\_\_\_\_ just prior to \_\_\_\_\_ or at \_\_\_\_\_ (check one) the funeral ceremony for one or two or \_\_\_\_\_ days prior to the funeral ceremony \_\_\_\_\_ privately for family and close friends\* only (attach list of people to include or not include as important) \_\_\_\_ no visitation at all, no matter what anyone else says MERCHANDISE AND SERVICES (check/circle all as appropriate; attach pictures, ads, internet sites, etc) I would like the following items, if possible (prioritize if making more than one choice): \_\_\_\_ Cardboard casket/container - notes: \_\_\_\_\_ Hand decorated is nice \_\_\_\_\_ Do not Decorate \_\_\_\_\_ Notes:\_\_\_\_ Wooden casket (or kit) – notes: \_\_\_\_\_ I've picked one out \_\_\_\_ I already got one \_\_\_\_ Cheap is best \_\_\_\_ Great; support an artist! \_\_\_\_\_ \_\_\_\_ Willow or woven coffin - notes: \_\_\_\_ I've picked one out \_\_\_\_ I already got one \_\_\_\_\_ Cheap is best \_\_\_\_\_ Great; support an artist!\_\_\_\_\_ Shroud – notes: I've picked one out \_\_\_I already got one \_\_\_\_ Cheap is best \_\_\_\_ Great; support an artist!\_\_\_\_ \_\_\_\_\_ Shrouding Board (TM) - for use with a shroud; available from Natural Burial Company

I already got one \_\_\_\_ Still need to buy \_\_\_\_\_

Urn Style: Artist made	Biodegra	dable	_ Other
I've picked one outI ali	eady got one	Cheap is best	Great; support an artist!
Keepsake Urn			
Handblown glassGoo	dwill Spice Jar or	Jewelry or Bea	ds or
The Wild Side (cremated re	mains only!!)		
Fireworks, Yes! Outer	r Space, Yes!S	Synthetic Diamond,	Yes!DNA Crystal
MY ENVIRONMENTAL/PERSO	NAL VALUES		
In the event that someone else things are important to me about being tops, 0=unimportant)			
natural and biodegradable; lov	w environmental impa	act, other:	
made in USA			
Organic (food, flowers, fabric,	reception,		)
Cottage/Artisan Industry (som	neone made it by han	d and it's keeping l	nandicraft arts alive)
beautiful			
reflects my tastes, colors, and	general sense of the	world	
kept to minimum cost, no ma	tter what!		
I don't care - I'm gone - let m	y family or personal r	representative choo	ose whatever they like
Other specific requests			
DISPOSITION PREFERENCE (	"Final Disposition" me	eans what's done w	vith your body after the funeral)
I Want NATURAL BUR	IAL - IMPORTANT I	NOTE: attach a copy	of your Right to Interment (cemetery
contract) and any deeds or other contract	ts for products or service	ces already purchased	d along with any other instructions to this
sheet.			
It is my wish to have:			
a natural earth burial at _		Cemetery (attac	ch cemetery location info and wishes)
a natural earth burial on n	ny property	(	attach deed info and wishes)
a natural sea burial at		(this is best a	rranged for by yourself, in advance!)

## NATURAL BURIAL CONSIDERATIONS

All cemeteries permit the use of biodegradable coffins and urns - i.e., products made of wood, paper, cloth or woven wicker. While many cemeteries still require those items to be put in concrete vaults in the ground, there are still many cemeteries that do not. Pioneer and historic cemeteries; garden arboretum cemeteries; publicly owned cemeteries - all have natural burials on their grounds if they're older than 1950, and many are now considering removing the vault requirement if the burial includes some additional maintenance money to cover the small but present cost of filling a collapsed gave and/or caring for a special tree over its lifetime.

One of the best ways to locate your future cemetery is to research cemeteries in the area you'd like to be buried. After identifying several that appeal to you, discuss what you want and negotiate. Most cemeteries have declining

revenues and many are eager to cater to customers that aren't adding toxic or non-degrading materials to their landscapes. If the cemeteries are unfamiliar with the practice, refer them to the "Be a Tree" and Natural Burial Company webpages, where they can learn about courses that instruct them in the practice of sustainable cemetery management.

I would like a tree or bush or flowers planted on my grave. Some of my favorite species include:
I'll accept an appropriately-sized planting from the cemetery's 'native species' list I would like our family to consider buying a block of plots, with a single "Family Tree" at its center I like the idea of a grave on the edge of a cemetery section and near a special "wildlife habitat" plant like a hedgerow or forested area that is undisturbed and is supported by funds from my burial I like the idea of a wildflower meadow on top of my grave I DO NOT PREFER to have my grave mowed weekly during the growing season A "natural look" is more beautiful to me than a "manicured" one and shows more respect for nature.
I accept that "my" plantings won't live forever (either), and understand that maintenance periods ma
limited by the fees we agree to pay.  I'm open to the idea of "grave reuse" (see Be a Tree) if it becomes acceptable in the cemetery, and would consider letting future generations of my family use my grave space in the future (example: 100 years)  I ACCEPT OR I DO NOT ACCEPT pets being buried in the cemetery that I'm buried in the grave is visited, please DO NOT BRING any plastic flowers or
I'd like a natural graveside service, buried with straw, flowers, and materials that aid decomposition.  If the cemetery does not require a marker, I do NOT want one.  A flat indigenous stone marker is fine* (if you like the idea of a monument, here's your chance to wrighted your favored inscription or any other guidance on the back of this sheet.)
I'm interested in the following cemeteries (list any that you like; include notes, brochures, and price lists)
I Want CREMATION
Find a busy "thermally efficient" crematory that filters emissions (you can do that yourself and list it
below)
I want OR I have purchased cremation services from
(include contract)
Phone number & location of facility
NOTE: if you're a member of a cremation society (like Neptune) read your contract carefully and make sure you
understand any recent changes the society may have made to your contract. Include any nayment receipts or contract

copies with this sheet

<u>IMPORTANT NOTE</u>: Has the Authorization to Cremate been signed? Check your state law & get a copy of the blank form. Start getting signatures – many States require **your body be stored til all required family signatures are in**.

**DISPOSITION OF CREMATED REMAINS** – Cremated remains are considered personal property and pose no public health threat. Some states have made rules about how cremated remains must be handled, but these rules may be unconstitutional, so if you have any questions about rules that you're told, research may prove your rights trump the naysayers. As long as the bones have been properly crushed (guaranteeing legal disposition took place) there is a lot of latitude for a creative disposition. Your preferences are usually important to your loved ones, so please list them below.

I WANT MY CREMATED	REMAINS TO BE (check a	ıll that apply, since	cremated remains can be split up!):
1) part of the Living (	Cemetery's Memorial Habitat pr	rogram (emerging	program; see "Be a Tree")
I prefer supporting	Memorial Habitat Hedgerow re	esearch or	Cemetery Wildflower Meadow
research or Memori	al Habitat Underwater research	า	
	ed inurned in a columb	•	ribe preferred urn on back)
	for further c		er date (leave detailed instructions as
to who and how or there co	uld be mayhem!)		
4) other			
5) see my list on the	back for urns, diamonds, firew	orks, space shots	and the rest!
6) The following people may	have some of my cremated re	emains if they so c	hoose:
"Donate my bod	y to Science" – <i>Please not</i>	e: this is not alw	vays a simple matter as there are
lots of businesses that ha	ave a financial interest in y	our body; please	e do your research, make choices
in writing, and make the	m all in advance. Informati	on is available v	IA links and articles on the Be a
Tree and Natural Burial (	Company websites; condition	ons for this option	n are changing all the time!
OBITUARY & SYMPATH	IY GIFTS		
I want an obituary to	be published (pre-writing out	your basic details	and storing here will be appreciated
I DO NOT want an ob	oituary beyond what's legally re	equired	
	expressions of sympathy be: care of the funeral home for u	so toward my fund	oral ovnoncos
		•	; or as so desired by my family

OTHER THINGS I THINK ARE IMPORTA	ANT TO DISCUSS (attach sheets as needed):
NOTE TO FUTURE READERS:	
carried out on my behalf whenever possible. I understa	my most current funeral planning preferences and I request they be and that the final decision may rest with another and, if so, I accept any ally witnessed and notarized statement of these wishes that
My Signature	Today's Date
My Printed Name	
•	place, easily accessible if needed quickly, and let evant people in your life know your wishes!
CPOW THE KNOWLEDGEL Vou can halp su	upport the educational work done to further the cause of

GROW THE KNOWLEDGE! You can help support the educational work done to further the cause of natural burial and sustainable cemetery management practices by writing a letter of encouragement for research and student training in this new field, and mailing it to:

Oregon State University
Department of Soil Science
Sustainable Cemetery Studies Lab
Crop Science Bldg - Rm 451-C
Corvallis, OR 97331

Donations to the Oregon State University Foundation fund research, scholarship and program outreach are greatly appreciated!

For more information about Natural Funeral and End-of-Life Planning visit these resources and tour their links (I help with these sites so I know they're active!)

"Be a Tree" http://www.beatree.com
Natural Burial Company website http://www.naturalburialcompany.com
The Natural End Map's Guide to natural funeral service providers:
http://www.naturalendmap.com

AND, IN THE MEANTIME: LIVE LONG AND PROSPER!